



George Washington Middle School RIDGWOOD



December 2009 Lunch Menu



**National Pear
Month**

- TUE 1 Mozzarella Cheese Sticks w/ Dipping Sauce & French Bread
- WED 2 Pasta Bar with Meatballs, Choice of Sauce and Garlic Knots
- THU 3 Grilled Chicken w/Lettuce & Tomato on a Whole Wheat Roll
- FRI 4 BBQ Beef Steak on Whole Wheat Italian Bread

*A complete lunch includes entrée, bread,
2 selections vegetable/fruit, and milk selection*

MON 7 **PIZZA FEST**



TUE 8 Turkey Barge on a Whole Wheat Roll

WED 9 Nacho Grande with Beef, Cheese and Topping Bar


THU 10  Spicy Chicken Patty on a Whole Wheat Bun

FRI 11 BBQ Chicken served with Rice

MON 14 **PIZZA FEST**

TUE 15  Popcorn Chicken with Dinner Roll

WED 16 Pasta Bar with Choice of Sauce, Meatballs & Italian Bread

THU 17  All-Beef Hot Dog w/Chili on a Whole Wheat Bun



FRI 18 California Burger on a Whole Wheat Bun w/Lettuce & Tomato

MON 21 **PIZZA FEST**

TUE 22 **HOLIDAY LUNCH** Baked Ziti with Garlic Bread

WED 23 Baked Chicken with Assorted Bread Selection

THU 24

FRI 25

**Winter Recess -
No School**



MON 28

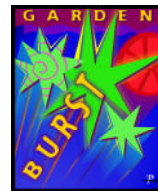
TUE 29

WED 30

THU 31

FRI 1

Available Daily



Salad Bar
Fresh Fruit Bar



Turkey Breast
Ham
Salami
Bologna
American Cheese
Tuna



Cheeseburger
Chicken Patty
Chicken Nuggets
Mozzarella Sticks



Fresh Cookies
Pretzels
Variety Baked Chips
100% Fruit Juice
Bottled Water

*Bread Basket
Fresh Fruit
Fresh Vegetables, Fresh Soup*

2nd Hot Entrée Available

Lunch Price \$2.15
PREMIUM Lunch Price \$3.00



New Item
**BOAR'S HEAD DELI PREMIUM
SANDWICHES & SALAD PLATTERS**
Available Daily
Premium Lunch \$ 3.00

Menu Subject to Change

*Your comments are important to us.
Please email us at
comments@pomptonian.com*